

WAIVER
EFT Workshop with Brad Yates

I acknowledge that on June 12th, 2010 in New York I am voluntarily participating in an EFT workshop given by Brad Yates.

Emotional Freedom Techniques[®] (EFT) is an experimental therapy which has yielded impressive results in treating physical and psychological issues. However, it is not meant to replace standard medical and/or mental health counseling. While there are theories about how or why EFT works, or why it doesn't work, there is no recognized scientific explanation. Because this work is experimental in nature, one cannot predict whether this technique will be helpful for a particular person with a particular problem.

While *there have been no documented negative side effects* from using EFT when the proper treatment protocols have been followed, this does NOT mean that you will not experience side effects.

By attending this class, and by using these techniques on your own physical, emotional or personal issues, or on others, **you must agree to take full responsibility for your own physical and emotional well-being and you must advise anybody you choose to work with, to do the same.**

The process of learning EFT includes practicing the technique on yourself and other workshop participants. Should you experience heightened emotional and/or physical distress during the process, I will do what I can to provide assistance, but we can provide no assurance that this assistance will bring relief.

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*I agree to take full responsibility for my own emotional and physical health and well-being throughout this workshop and thereafter. I agree NEVER to hold Brad Yates or Gary Craig, the founder of EFT, or anyone else associated with EFT liable for any side effects or results of the treatment.*

*I agree to respect the confidentiality of all participants in this workshop and to refrain from repeating or discussing personal details that may be shared as part of the EFT learning process.*

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PRINT NAME

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SIGNATURE

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DATE